



Weights of Art

Ennio Eros Giogos



www.enniogiogos.com

The physical manifestations of existential weight

The Weights of Art project is a visual study on the dual nature of “weight” — as a physical entity and as an existential load. The series borrows **the form of the kettlebell**, an object inherently linked to effort, endurance, and repetition, to **explore the cultural heritage we carry as subjects**. In my work, the athletic tool is transformed into a mnemonic device, shifting the focus from physical exercise to psychological pressure.

The seriality and vibrant color of these works adopt a Pop Art logic — repeating an icon across variations until the form itself becomes the question. Each iteration asks whether constant reproduction leads to preservation or symbolic exhaustion.

The series unfolds across thematic bodies, each examining a different cultural weight: philosophy, instinct, desire, craving, and vanity. Collectively, these works are imprints of our constant struggle to balance between matter and spirit, transforming intangible burdens into a tangible sculptural experience.



The Weights of Beauty
Channel Kettlebell
2026

Concrete, polymer, acrylic
20 x 20 x 25 cm
12kg

Edition of 8, numbered and signed

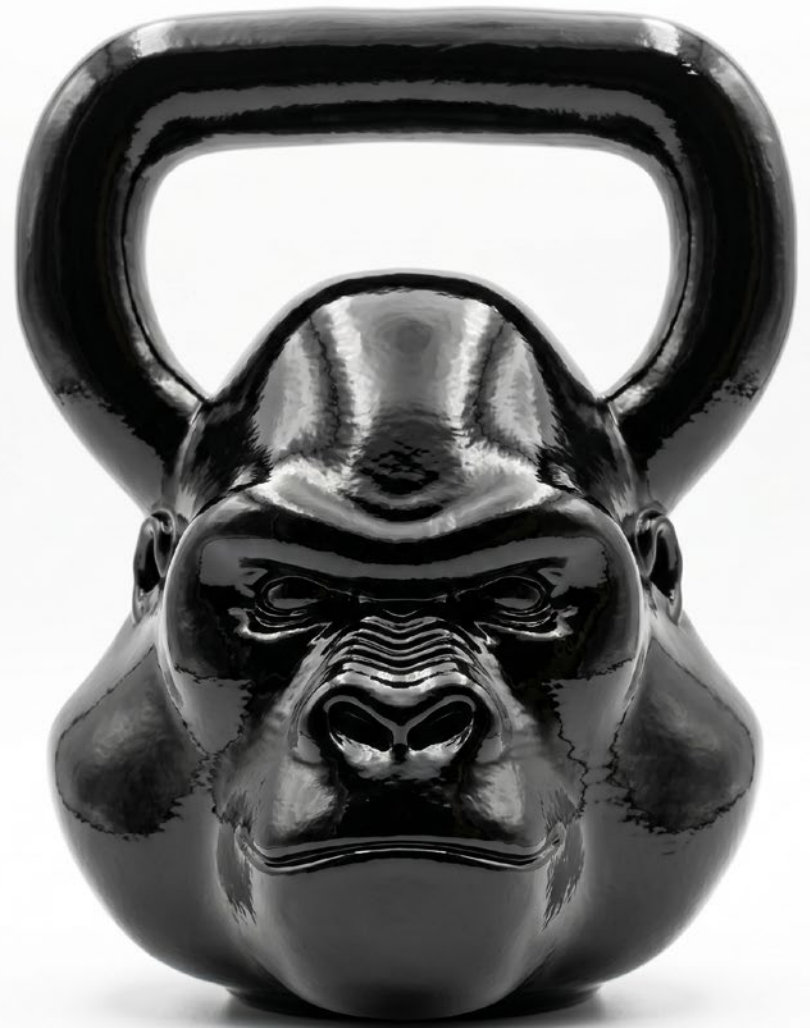


The Weights of Beauty II
Lips Kettlebell
2026

Concrete, polymer, acrylic
20 x 20 x 25 cm
5kg

Edition of 8, numbered and signed





The Weights of Dominance
Gorilla Kettlebell
2026

Concrete, polymer, acrylic
18 x 17 x 25cm
5kg
Edition of 8, numbered and signed

The Weights of Craving
Burger Kettlebell
2026

Concrete, polymer, acrylic
19 x 19 x 25cm
10kg
Edition of 8, numbered and signed





The Weights of Philosophy
Socrates Kettlebell
2026

Concrete, polymer, acrylic
14 x 22 x 25cm
3kg
Edition of 8, numbered and signed



***The Weights of Vanity
Skull Kettlebell***
2026

Concrete, polymer, acrylic
24 x 16 x 25cm
5kg
Edition of 8, numbered and signed



***The Weights of Aegean
Cycladic Idol Kettlebell***
2026

Concrete, polymer, acrylic
30 x 10 x 38cm
5kg

Edition of 8, numbered and signed





Ennios Eros Giogos
www.enniogigos.com
studio@enniogigos.com
+30 694 417 0967

